

Developmental Assessment

Locomotor/Gross Motor

Age	
4-6 weeks	head up secs in prone, ATNR supine, head lag, back curved in sitting, when held semi-flexed, head in line
3 months	head and upper chest up on elbows prone, no ATNR supine, sits with support, curved lumbar, straight upper back and head up, sags at knees when held standing
6 months	support on extended arms prone, lifts head grabs foot supine, lifts head forward on pulling to sit, head erect , back straight sitting, takes weight standing
9 months	sits, stands holding, crawl,
12 months	sits well, can rise from lying, walks with hands held, crawl, pull to stand and down, throws objects
18 months	walks well, stoops, up/down stairs
2 years	walks up and down stairs 2 feet
3 years	stands on one leg briefly, jumps off step, walks upstairs alternating feet, pedals tricycle
4 years	stands on one foot 3-5secs, hops
5 years	stands on one foot with arms folded, skips

Speech and Language

Age	
4-6 weeks	turns eyes/head to voice, bell, rattle at 6-12 inches
3 months	turns head to voice, cooes smiles, chuckles
6 months	turns at sounds 18 inches at ear level, tuneful babble
9 months	brisk localisations to quiet sounds above/below ear, may repeat mama
12 months	knows and turns to own name, loud jargon, Dada, Mama with meaning, understands simple commands
18 months	response to quiet sounds at 10 feet, 3 words other than mum and dad

Developmental Assessment

Age	
2 years	4 body parts, 6-20 words, 2-3 word sentences, first name, asks needs, turns pages singly
3 years	full name, age, sex, large vocab
4 years	full name, sex, address
5 years	knows colours, repeats 4 digits, knows above & b'day

Fine Motor

Age	
4-6 weeks	fixes/follows 45° at 8-10 inches
3 months	follows 90° up/down, converges eyes, holds rattle
6 months	reaches out both hands, toys to mouth, palmar grasp, transfers, squint abnormal
9 months	pokes at pellet, pick up current, finger.thumb grip, throws toys, looks for toys, visually alert near and far
12 months	finds toy under cup, pincer grasp, eye hand coordt ⁿ
18 months	tower 2-3 blocks, scribble, dominant hand, looks at pictures, several pages at once
2 years	6-7 block towers, imitates circular, toy +/- letter matching
3 years	9 block towers, imitates bridge 3 block, copies circle, matches letters at 10 feet
4 years	3 steps with 6 cubes, copies cross, 4 colours, 7-9 letter test at 10 feet
5 years	copies triangle, draws man, draws square, 9 letter chart at 20 feet

Social and self-help and play skill

Developmental Assessment

Age	
4-6 weeks	smiles, cooes
3 months	chuckles, plays with fingers
6 months	finger feed, smiles at mirror, lifts arms to be picked up, curious
9 months	feeds self with biscuits, chews, stranger anxiety
12 months	indicates wants, peep-bo, cooperates in dressing, demonstrates affection,
18 months	drinks from a cup, feed self with spoon, symbolic play, demands attention, copies domestic activities
2 years	puts on socks, hat, shoes, uses spoon, imitates, lifts and pours cup, plays alone, voice toilet needs
3 years	dresses with help, takes self to toilet, washes hands, eats with K+F, plays interactively with other kids, share
4 years	dresses alone
5 years	chooses own friends, fair play