

## **NSF for Children, Young People and Maternity Services**

### **Key Messages**

The Children's National Service Framework:

- > Sets national standards for the first time for children's health and social care, which promote high quality, women and child-centred services and personalized care that meets the needs of parents, children and their families. The standards require services to:
  - > Give children, young people and their parents increased information, power and choice over the support and treatment they receive, and involve them in planning their care and services.
  - > Introduce a new Child Health Promotion Programme designed to promote the health and well-being of children pre-birth to adulthood.
  - > Promote physical health, mental health and emotional well-being by encouraging children and their families to develop healthy lifestyles.
  - > Focus on early intervention, based on timely and comprehensive assessment of a child and their family's needs.
  - > Improve access to services for all children according to their needs, particularly by co-locating services and developing managed Local Children's Clinical Networks for children who are ill or injured.
  - > Tackle health inequalities, addressing the particular needs of communities, and children and their families who are likely to achieve poor outcomes.
  - > Promote and safeguard the welfare of children and ensure all staff are suitably trained and aware of action to take if they have concerns about a child's welfare.
  - > Ensure that pregnant women receive high quality care throughout their pregnancy, have a normal childbirth wherever possible, are involved in decisions about what is best for them and their babies, and have choices about how and where they give birth.

### **Standards**

#### **Standard 1:**

The health and well-being of all children and young people is promoted and delivered through a co-ordinated programme of action, including prevention and early intervention wherever possible, to ensure long term gain, led by the NHS in partnership with local authorities.

#### **Standard 2:**

Parents and carers are enabled to receive the information, services and support which will help them to care for their children and equip them with the skills they need to ensure that their children have optimum life chances and are healthy and safe.

#### **Standard 3:**

Children and young people and families receive high quality services which are co-ordinated around their individual and family needs and take account of their views.

#### **Standard 4:**

All young people have access to age-appropriate services which are responsive to their specific needs as they grow into adulthood.

#### **Standard 5:**

All agencies work to prevent children suffering harm and to promote their welfare, provide them with the services they require to address their identified needs and safeguard children who are being or who are likely to be harmed.

#### **Standard 6:**

All children and young people who are ill, or thought to be ill, or injured will have timely access to appropriate advice and to effective services which address their health, social, educational and emotional needs throughout the period of their illness.

#### **Standard 7:**

Children and young people receive high quality, evidence-based hospital care, developed through clinical governance and delivered in appropriate settings.

#### **Standard 8:**

Children and young people who are disabled or who have complex health needs, receive co-ordinated, high quality child and family-centred services which are based on assessed needs,

which promote social inclusion and, where possible, enable them and their families to live ordinary lives.

**Standard 9:**

All children and young people, from birth to their eighteenth birthday, who have mental health problems and disorders have access to timely, integrated, high quality multidisciplinary mental health services to ensure effective assessment, treatment and support, for them and their families.

**Standard 10:**

Children, young people, their parents or carers, and health care professionals in all settings make decisions about medicines based on sound information about risk and benefit. They have access to safe and effective medicines that are prescribed on the basis of the best available evidence.

**Standard 11:**

Women have easy access to supportive, high quality maternity services, designed around their individual needs and those of their babies.