

Life Support Station – Pre-arrival plan

Introduce self

'My name is Dr Clarke and I am one the Emergency Department Doctors'

Give Overview

'We have a 28yr old male in cardiac arrest that will be here in 2 minutes'

PPE

'We all need to wash our hands and put on our PPE'

Check status of team and allocate roles

'You are? Have you done ALS/APLS/ATLS?'

Can I ask you to start CPR/put on monitoring/manage the airway/put in cannula'

Get help

'Can you please call the Paediatric/Anaesthetic Registrar and ask them to come to the department as soon as possible'

Prepare Equipment

'We need to get some equipment ready'

Airway & Breathing

For the airway – We need to check:

- ✓ *The Oxygen and Suction is working*
- ✓ *We have a bag valve mask*
- ✓ *We have Nasopharyngeal airways and Guedels*
- ✓ *We have 2 working laryngoscopes, ET tubes,*
- ✓ *A 10 ml syringe, lubrication and a tube tie*
- ✓ *Can we also have a bougie and access to the difficult airway trolley*

Circulation & Drugs

- ✓ *Are you able to cannulate? Can you set up a tray for the placement of two large-bore cannulas and taking blood.*
- ✓ *Can we also run through 1l of warm, normal saline*
- ✓ *Can we get the resuscitation drug box and make sure we have access to adrenaline and amiodarone*

Finalise Plan

'Do we all understand what we need to do and does anybody have any questions'